



Information for patients and carers

The sarcoma multi-disciplinary team

Contents

| | |
|--|-------|
| An introduction to The London Sarcoma Service..... | 4 |
| The multi-disciplinary team (MDT)..... | 5 |
| The MDT meeting (MDTM)..... | 5 |
| Ward rounds..... | 6 |
| Macmillan Support and Information Service..... | 7 |
| Sarcoma UK Support Line..... | 8 |
| Out-of-hours..... | 9 |
| Communication with you and your GP..... | 9 |
| PALS (Patient Advice and Liaison Service)..... | 10 |
| Directory of MDT Members..... | 11-20 |

An introduction to The London Sarcoma Service



UCLH Macmillan Cancer Centre



RNOH Bolsover Street

This leaflet contains information about the team who will be part of your sarcoma care. You will be cared for at either the Royal National Orthopaedic Hospital (RNOH) or University College Hospital (UCLH), or possibly both.

In addition, the team works closely with other specialist services such as the Royal Brompton Hospital which provides a surgical service for thoracic sarcomas and the Royal Free Hospital which provides a surgical service for abdominal sarcomas.

The above teams form the London Sarcoma Service which sees and treats patients with a range of diseases, some of which are not cancerous.

For more information please visit our website <http://www.londonsarcoma.org/>

The multi-disciplinary team (MDT)

The team of professionals who will be caring for and supporting you is called a multi-disciplinary team (MDT). This team consists of a range of staff members who are experts in different areas of medicine and care, such as doctors, nurses, radiologists and pathologists.

You will have been referred initially to either RNOH or UCLH and may be seen at one or both of these hospitals.

The MDT meeting (MDTM)

The team of specialists meets every week to discuss the diagnosis and treatment plans of individual patients. They ensure that each patient is given the same high standard of care and has the most appropriate investigations and treatment.

What happens after the meeting?

After you have been discussed in the meeting, the recommendations are recorded in your notes. It is likely that an appointment will be made with your consultant and/or specialist nurse to discuss this further, or you may be called to have further investigations. You may bring a friend or relative with you to any of these appointments. In some cases it may be more appropriate to refer you to another specialist team in which case we will write to you to advise you of this.

Ward rounds

If you are an inpatient for any part of your treatment you may meet other members of the team. Ward rounds with a consultant occur twice a week at UCLH, usually on a Monday afternoon and Thursday morning. At UCLH all patients with sarcoma on the ward are seen by the sarcoma consultant covering the wards for that month, together with the registrars and ward doctors, and usually one of the nurses. If the consultant covering the ward has any concerns about you, these will be discussed with your usual consultant who remains in overall charge of your care. You are very welcome to have any relatives or friends present with you when you are seen by the doctors on the ward, and the ward nurses can let you know when this is most likely to be.

At the RNOH you will be reviewed post-operatively by your consultant team. Each consultant surgeon (or his designated cover) undertakes a ward round every week involving the junior doctors, a physiotherapist and a ward nurse. The ward rounds usually occur early in the morning. However, if you would like to see your doctor with your relatives or friends present at a different time to the ward round please let your clinical nurse specialist or ward nurse know and they will try to arrange this for you.

Macmillan Support and Information Service

The Macmillan Support and Information Service inside the UCLH Macmillan Cancer Centre offers a welcoming and quiet space to feel listened to, understood and informed by specialist staff and trained volunteers. Patients and carers are welcome to drop in and use the services available or an appointment can be booked using the contact details below. A wide range of resources are available including welfare and benefits advice, complementary therapies, practical support and a programme of group activities.

UCLH Macmillan Cancer Centre

Huntley Street
London
WC1E 6AG

Telephone: 020 3447 8663

Email: uclh.supportandinformation@nhs.net

Opening hours: Monday to Friday 9am-5pm

www.uclh.nhs.uk/OurServices/ServiceA-Z/Cancer/CSS/MCIC/Pages/Home.aspx

There is a Macmillan Information Point at RNOH, Stanmore, next to Costa Coffee in the Outpatients Department.

Sarcoma UK Support Line

Sarcoma UK have an independent and confidential support line which is available to anyone affected by sarcoma:

Telephone: 0808 801 0401

Email: supportline@sarcoma.org.uk

Opening hours:

- Monday 10am - 2pm
(9am till 2pm on the first week of the month)
- Tuesday Midday - 4pm
(11am till 4pm on the first week of the month)
- Wednesday 10am - 2pm
(9am till 2pm on the first week of the month)
- Thursday Midday - 4pm
(closed on the first week of the month)
- Friday 10am - 2pm
(9.30am till 2.30pm on the first week of the month)

For more information, please see <https://sarcoma.org.uk/sarcoma-uk-support-line>

Out-of-hours

If you have a problem out-of-hours and need to speak with someone in an emergency, please go to A & E or contact the emergency contact number given to you by your CNS (if you are having treatment). Macmillan Cancer Support is available to provide advice on areas such as support groups and benefits. Call 0808 808 00 00 (freephone) Monday to Friday between 8am and 8pm or visit www.macmillan.org.uk

Communication with you and your GP

Your GP will be informed within 24 hours of you being given your diagnosis and copied into any correspondence regarding your diagnosis, treatment and care.

You will also be automatically copied in to any correspondence. If you do not understand anything in the letters that you receive, please bring them with you to your next appointment and we will be happy to discuss them with you. If you do not wish to receive any correspondence, please inform your consultant or CNS.

PALS (Patient Advice and Liaison Service)

PALS is a patient-friendly, easy to access service designed to provide a personal contact point to assist patients, relatives and carers. If you have a problem that you have not been able to sort out, PALS can help you to resolve it.

UCLH PALS is located on the Ground Floor Atrium of the main University College Hospital building, open between 9am and 4pm, Monday to Friday.

Telephone: 020 3447 3042 Email: Uclh.pals@nhs.net

RNOH Customer Care and PALS is situated in the Outpatients' Department, Stanmore, and the service is also accessible at the central London Outpatient Assessment Centre, Bolsover Street. The service is available between 10am until 1pm and 1.30pm until 4pm, Monday to Friday.

Telephone: 020 8909 5439/5741 Email: rnoh.pals@nhs.net

Directory of MDT Members

Consultant orthopaedic surgeons:

The team of surgeons are specialists in performing the type of surgery that may be needed to treat your condition.

- Mr Aston.....Secretary 020 3947 0041
- Mr GerrandSecretary 020 3947 0041
- Mr Gikas.....Secretary 020 3947 0041
- Mr Pollock.....Secretary 020 3947 0041

Your consultant orthopaedic surgeon is

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Consultant oncologists:

The team of oncologists are specialists in the chemotherapy or radiotherapy treatment used to treat your type of cancer. The oncologists are based at UCLH in central London.

- Dr DileoSecretary 020 3447 9346
- Dr GainsSecretary 020 3447 4437
- Dr Le GrangeSecretary 020 3447 9866
- Dr KaravasilisSecretary 020 3447 9346
- Dr MichelagnoliSecretary 020 3447 9950
- Dr SeddonSecretary 020 3447 9866
- Dr StraussSecretary 020 3447 9346
- Professor Whelan.....Secretary 020 3447 9346
- Dr WindsorSecretary 020 3447 9950

Your consultant oncologist is

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Consultant spinal surgeons:

The spinal sarcoma team provide a surgical service for patients with spinal sarcomas. Spinal surgeons working from RNOH and the National Hospital of Neurology and Neurosurgery regularly attend the weekly sarcoma MDT meeting.

- Mr AnwarSecretary 020 3947 0053
- Mr Altaf.....Secretary 020 3947 0053
- Mr Choi.....Secretary 020 3448 3395
- Mr RezajooiSecretary 020 3947 0053
- Mr LeeSecretary 020 3947 0053
- Mr LeongSecretary 020 3947 0053
- Spinal clinical nurse specialist.....Jane Martin 020 3947 0495

Your consultant spinal surgeon is

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Consultant peripheral nerve surgeons:

The Sarcoma MDT link in with the supraregional neurofibromatosis service at Guy's and St Thomas' Hospital, led by Dr R Ferner.

Mr FoxSecretary 020 3947 0051

Mr QuickSecretary 020 3947 0051

Mr SinisiSecretary 020 3947 0051

Your consultant peripheral nerve surgeon is

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Consultant abdominal surgeons:

The abdominal sarcoma team provide a service for patients with intra abdominal sarcoma (surgery, radiology, gastrointestinal stromal tumour (GIST) pathology). Abdominal sarcoma patients are discussed at a weekly abdominal sarcoma meeting.

Mr DawasSecretary 020 3447 9202

Mr LordanSecretary 020 3447 9202

Mr McCullough.....Secretary 020 3447 5879

Mr MuneerSecretary 020 3447 9280

Mr ShankarSecretary 020 3447 9202

Abdominal sarcoma clinical nurse specialist...Kajal Modi 07983 634026

Your consultant abdominal surgeon is

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Consultant breast surgeon:

The Sarcoma MDT works in conjunction with the Breast MDT who may perform surgery as appropriate.

Ms FranksSecretary 020 3447 2656

Clinical nurse specialist

Consultant gynaecological surgeons:

The gynaecological sarcoma team provide a service for patients with gynaecological sarcomas. There is a joint sarcoma clinic as required. Members of the sarcoma MDT attend the weekly gynaecological MDT meeting where gynaecological sarcoma patients are discussed.

Miss MacDonaldSecretary 020 3447 8636

Mr Mould.....Secretary 020 3447 8636

Miss OlaitanSecretary 020 3447 8636

Professor WidschwendterSecretary 020 3447 8636

Your consultant gynaecological surgeon is

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Clinical nurse specialist

Consultant dermatology surgeon:

The Sarcoma MDT works in conjunction with the Dermatology MDT who may perform surgery as appropriate.

Mr Perrett.....Secretary 020 3447 9224

Clinical nurse specialist

Consultant head and neck surgeons:

The head and neck sarcoma team provide a surgical service for patients with tumours of maxilla, mandible and other head and neck sarcomas. Members of the sarcoma MDT attend the weekly head and neck MDT and joint oncology clinic.

Mr Kalavrezos.....Secretary 020 3447 2146

Mr O’Flynn.....Secretary 020 3447 2149

Mr Vaz.....Secretary 020 3447 2149

Your consultant head and neck surgeon is

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Clinical nurse specialist

Consultant thoracic surgeons:

The thoracic sarcoma team provide a service for metastatectomy and primary chest wall sarcomas. There is a weekly thoracic meeting between the London Sarcoma Service and The Royal Brompton hospital to discuss thoracic sarcoma patients.

Ms BegumSecretary 020 7351 8553

Mr JordanSecretary 020 7351 8560

Your consultant thoracic surgeon is

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Clinical nurse specialist

Other team members:

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Clinical nurse specialists (CNS):

Clinical nurse specialists are qualified nurses with specialist training and extensive experience. They offer advice and support throughout your diagnosis, treatment and follow-up. There are nurses based in both hospitals and you will be allocated an appropriate nurse relevant to the treatment you are undertaking (you may have a CNS at both sites). Your CNS may also act as your key worker during your treatment, which means they are a consistent point of contact for you, your family and any professionals involved in your care. They can be contacted between 9am and 5pm Monday to Friday (excluding bank holidays).

RNOH CNS Team Contact Number.....020 8909 5878

UCLH CNS Team (adults) Contact Number020 3447 2527

UCLH CNS Team (adolescents) Contact Number.....07852 221 150

Your CNS/key worker is

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Other points of contact:

Medical secretaries can often provide help and information. They will co-ordinate your correspondence and pass on messages to your consultant.

Consultant radiologists:

These are specialists in examining and interpreting X-rays, CT scans, MRI scans, bone scans and other diagnostic tests to diagnose disease.

Consultant histopathologists:

These are specialists in examining tissue and cells taken from biopsies and other diagnostic tests to diagnose disease and confirm the type of cancer.

The MDT co-ordinators:

The MDT co-ordinators are administrators who will plan the MDT meetings, ensuring that you are discussed and that the clinical teams have all your medical information. They will co-ordinate your care and send information between the hospitals.

Other members of the MDT:

There are other specialists such as physiotherapists, occupational therapists, dieticians, social workers and research nurses who are part of the extended MDT and you may be referred to these specialists if appropriate.

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If you would like this leaflet translated into another language/large print, please contact the Quality Team on 020 8909 5439.

Royal National Orthopaedic Hospital NHS Trust
Brockley Hill
Stanmore
Middlesex
HA7 4LP

Switchboard: 020 8954 2300

www.rnoh.nhs.uk

Twitter: @RNOHnhs

www.londonsarcoma.org

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