



A Patient's guide to

Paediatric Acute Pain Services

How to inform us

Your child is coming in to hospital for a planned procedure. Following this he/she may experience some discomfort.

To ensure that patients pain is dealt with as effectively as possible, we are a paediatric acute pain service.

This is run by the Acute Pain Team.

The Acute Pain Team Members

Liz Winstone RGN / RSCN - Clinical Nurse Specialist

Cheryl Girvan RGN - Clinical Nurse Specialist

Dr Tacson Fernandez - Consultant Anaesthetist

Dr Michael Hetreed - Consultant Anaesthetist

We are a specialist team whose role is to make your child's hospital experience as comfortable as possible.

We visit the children's ward daily.

We will speak to you and your child if your nurse highlights a problem.

You may ask to speak to us if you have any concerns about pain management during your child's stay.

How and why you can become involved?

- You know your child more than anyone
- You can be involved in decision making
- Play and distraction is important in their pain management
- Explain to your child that they may experience some pain and discuss ways to cope with it
- We have a team of play specialists to help with distraction.

Other information

If you would like to discuss how your child's pain will be managed following their operation, prior to admission, you may contact either of the nurse specialists. We can be contacted Monday - Friday by telephoning 0208 909 5301 / 5757.

Useful websites

www.actionforsickchildren.org

www.youranaesthetic.info

www.wellchild.org.uk

If you have any comments about this leaflet or would like it translated into another language/large print, please contact the Clinical Governance Department on 020 8909 5439/5717.

Royal National Orthopaedic Hospital NHS Trust
Brockley Hill
Stanmore
Middlesex
HA7 4LP

Switchboard: 020 8954 2300

www.rnoh.nhs.uk

Twitter: @RNOHnhs

16-117 © RNOH

Date of last review: June 2016

Date of next review: June 2018

Author: Liz Winstone