**Troubleshooting**

**If problems with current bowel management:**
- Assess patient's perception of bowel care problems
- Onset of problems and relevant factors

**If no bowels actions occurring despite careful regime; a proactive approach is needed**
- Optimise fluid and diet
- Continue local evacuation (suppositories/manual evacuation)

**Exclude obstruction**
- Check rectum for faecal loading
- Plain abdominal x-ray or USS if necessary to exclude bowel obstruction and proximal faecal loading

**Obstruction excluded**
- Consider adding laxative e.g. Senna 7.5 - 15mg nocte or Movicol increasing this as required

**Severe proximal faecal loading**
- High dose of laxatives to clear but treatment can be complicated
- Contact local SCIC for further advice

**If recurrent incontinence despite careful regime - please assess patient for anal plugs (small, medium or large). Local continence nurse or SCIC can advise**