Evaluation of bowel care programme

Evaluate effectiveness of bowel care program
- After adherence to program for 10-14 days
  - Effective if:
    - Time taken <30 mins
    - Stool form (Reflexic - Bristol stool type 4, Areflexic - Bristol stool type 3)
    - Daily or alternate days
    - No incontinence
    - No abdominal pain
    - No straining
    - Management fits to lifestyle
    - No autonomic dysreflexia
    - Regular and predictable, socially acceptable time and place

Bowel care program effective?

Yes
- Adhere to successful bowel program and monitor
- Recognise/manage complications of neurogenic bowel
- Continue to evaluate and opportunities to improve outcomes (satisfaction, time taken, effort)

No
- Re-evaluate program elements
  - Adherence (interfering factors)
  - Frequency
  - Diet/fluid intake
  - Activity level
  - Rectal Stimulants
  - Oral medications
  - Assistive techniques
  - Adaptive equipment

Modify and evaluate bowel care program
- One element at a time (until all elements of program have been considered or until successful outcome achieved)

Bowel care program effective after 10-14 days?

Yes

No
- Consider/select alternative methods and interventions
  - Surgical and adjunctive therapies, including trans anal irrigation and pelvic floor function studies

Bowel care program effective after 10-14 days?

Yes

No
- Refer to consultant or specialised centre