London Spinal Cord Injury Centre

The London Spinal Cord Injury Centre (LSCIC) at the RNOH is one of only 11 in the UK designated to receive and treat spinal cord injured patients. The Centre currently has 40 beds for adults, children and young people. These beds include beds for acute care, first episode of rehabilitation and readmission.

The overarching philosophy of the multi-disciplinary team (MDT) at the LSCIC is that rehabilitation is a journey that takes years and is best delivered through lifelong intervention. We aim to give our patients the initial skills to return to their lives as soon as possible, supported by re-admissions and outpatient services for maintaining health and ongoing skill acquisition.

Patients are admitted predominantly from the south east of England on an urgent referral basis. The aim is to admit all patients as soon as possible following their injury. The centre consists of a team of multi-professional specialists who work towards a patient focused service and rehabilitation is based around patient centred goals.

Children and adolescents with spinal cord injury can be admitted to the RNOH. They are initially managed on the Alan Bray Unit (Intensive Care/High Dependency Unit) and subsequently on the paediatric/adolescent units by the Spinal Cord Injury Centre Team.

Medical management of spinal cord injury patients

The LSCIC has launched a web based resource with information on the medical management of patients with a spinal cord injury. This has been designed to help inform doctors and other healthcare professionals on how spinal cord injured patients can best be managed in the community, outside of the specialist centre.

The main features of the website are:

- Managing spinal injuries Frequently Asked Questions by GP's
- SCI Health Promotion and Maintenance Checklist
- SCI Introduction and Key SCI Topics - Comprehensive Medical Management Advice for the Non-Specialist
- SCI Tools and Links

Range of services
The services listed below are an integral part of the whole process of rehabilitation and re-integration of spinal cord injured patients back into the community. They are specialist services specifically for the SCIC.

Acute care
Children and young peoples services
Rehabilitation
Case Management/Community Liaison Nurses
Tissue Viability (and wound care)
Psychiatry
Psychology
Neuro-urology
Bowel Management
Physiotherapy
Occupational therapy
Speech & language therapy
Functional & Restoration Service

Consultants

Consultant Anaesthetist
Dr Mathew Henley

Rehabilitation Consultants
Mr Manish Desai
Dr Jan Gawronski

Neuro-urology Consultants
Mr Julian Shah
Mr Frank Lee
Mr Rizwan Hamid

Visiting Consultants
Dr Emmanuel Consultant Gastroenterologist
Mr Groebblar Consultant Plastic Surgeon

Referrals

Referrals are accepted from district general hospitals and trauma centres via MDSAS online referral.

Key contacts
Main LSCIC service number: 020 3947 0045
Spinal Cord Injury Centre (nursing station) 020 8909 5583 / 5588
Spinal Cord Injury Centre Co-ordinator 020 3947 0100 bleep 755
Community Liaison 020 8909 5594
Intensivist and Respiratory Care Physician 020 8909 5560
Allan Bray Unit (Intensive Care Unit/High Dependency Unit) 020 8909 5454

Email: rnoh.scicadmin@nhs.net

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